

Member Expectations

Commitment

Members are expected to be fully committed to the program and available based on community need. This includes some nights and weekends.

Members serve an average of 40 hours/week over a 46-week term commitment. This time accounts for all program components.

Members must complete **1700** hours of service by the end of the **46-week term** to successfully complete the program.

Professionalism

Members are expected to promote the NHC AmeriCorps program in a professional manner at all times.

Participation

Members are expected to fully participate in all program components.





National Health Corps San Francisco 2024-2025 Service Term

Program Components

Host Site Service

- Members serve the bulk of their hours at their host sites, providing direct service in the form of outreach, health education, screenings to address, reduce, and/or eliminate existing health disparities.
- Members' **schedules vary** based on the host site's needs.
- Members are assigned a host site supervisor for support.

Committees

- Members participate on NHC committees that are vital to its success and sustainability.
- Committees coordinate service projects, facilitate monthly trainings and reflection activities, outreach to and recruit from various communities, and promote the program through media engagement.
- Committees offer members the opportunity to **hone** skills such as project coordination, health communication, group facilitation, networking, and teamwork.

Administrative Tasks

 Members complete administrative tasks, including documenting time, inputting performance measure data, managing e-mails, and taking meeting minutes.

Member Meetings

- Members meet two Fridays each month throughout the service term to attend required trainings, committeedriven activities, reflection activities, and more. Meetings occur on first and third Fridays of each month.
- Every first Friday, members will participate in a collaborative, national series on Leadership Skills and Practices.
- Additional meetings occur for Pre-Service Orientation, team-building days, a retreat, and a recognition ceremony.
- Members develop one (1)
 presentation for their cohort at Member Meetings.

Additional Trainings

- Members will have opportunities to attend **optional trainings** throughout the term based on their personal or career interests.
- Members will **find** and **share** these training opportunities.

Off-Site Hours

- Members provide extra service each month throughout the service term in the form of **Group Service Projects**.
- Members are encouraged to find additional opportunities to serve the community individually or with a small group of members.

Member Time Commitment

150 Hours per month at Host Site Service

- 4+ hours per month with committees
- 1 Group Service Project per month 5-16 hours per month for Member Meetings

40 hours average per week commitment